Sarah Alexander's work is highly detailed, layered, and fluid. She works with multiple materials and mediums, with a focus on drawing and painting. Her work uniquely combines watercolor and India ink on paper, board, and specially-prepared canvases. Alexander creates through a stream of consciousness, and the resulting depictions appear gravity-defying. An avid observer of her environment, she engages in daily intuitive drawing sessions in order to access her subconscious. These daily sessions result in obsessive studies with subtle differences within the imagery. Alexander's final images are imbued with empathy, naturist imagery, and spiraling abstractions.

Alexander is a self-taught studio artist with a rich heritage of artistic lineage. Alexander studied Child Psychology and Development with a minor in Art at Pine Manor College and Mass Bay Community College. Currently, she works as Studio Manager and an instructor of drawing, painting, and sculpture at Hopkinton Center for the Arts. Alexander holds private and semiprivate lessons at Wandering Mind Studio in Hopedale, MA. Her work has been shown extensively throughout New England and is published by North Light Books. She is a Core Artist Member at Fountain Street Gallery in Boston Ma. She works out of her studio in Hopedale, MA.